

# Official Medical Log Book

see:

ILO Maritime Labour Convention 2006,  
in force: August 2013

Vessel: \_\_\_\_\_

IMO number: \_\_\_\_\_

Date of first entry: \_\_\_\_\_

Date of last entry: \_\_\_\_\_

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**Note: Flag State regulations regarding record keeping on medical cases may apply.**



# Formularus-Sample







# Radio Medical Advice in the case of illness

## 1. Routine information about the ship

1.1 Name of ship	1.2 Call sign	1.3 Date: Time (GMT):	1.4 Course: Position: Cargo:	Speed:
1.5.1 Part of destination ... which is ... hours/days away	1.5.2 Nearest port ... which is ... hours/days away	1.5.3 Alternative port ... which is ... hours/days away	1.6 Local weather (if relevant)	

## 2. Routine information about the patient

2.1 Surname	2.2 Other names	2.3 Rank	2.4 Job on board (specify kind of work, not just the track)	2.5 Age: Sex:
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## 3. Details of illness

3.1 When did the illness first begin?	3.2 Has the illness occurred before? If so, when?	3.3 How did the illness begin? (suddenly, slowly, etc.)	3.4 What did the patient first complain of?
3.5 List all the patient's complaints and symptoms	3.6 Describe the course of the present illness from the start of the illness to present time.	3.7 Give details of past illness/ injuries/operations	3.8 List serious illnesses of parents, brothers and sisters, if known (family history)
3.9 List social pursuits and previous occupations, including hobbies (social and occupational history).	3.10 List all medicines/tablets/drugs that the patient was taking before the present illness began and indicate the dose(s) and how often taken (see 6.1)	3.11 Does the patient smoke? If so, how much and how often?	3.12 Does the patient drink alcohol? If so, how much (on how many days a week, on average, and how many drinks a day, on average)?
3.13 Does the patient take any herbal or folk medicines? If so, how are they taken?		3.14 Does the patient use recreational drugs? If so, how are they taken?	

## 4. Results of examination of patient

4.1 Temperature: Pulse: Blood pressure: Respiration:	4.2 Describe the general appearance of the patient (healthy, obviously ill, pale, etc.)	4.3 Describe the appearance of the affected parts of the body (consider taking or e-mailing a digital photograph):
4.4 Describe your observations about the affected parts of the body, (swelling, tenderness, lack of movement, etc.)?		4.5 What tests have you done (urine, blood, other) and with what result?

## 5. Diagnosis

5.1 What is your diagnosis?
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## 6. Treatment

6.1 List ALL given or frequency of administration (see 3.10)	6.2 Describe how the patient responded to the treatment?
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## 7. Problems

7.1 What problems are worrying about now?	7.2 What do you need advice about?
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## 8. Other comments

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## 9. Comments by the doctor

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WHO ...according

Formularus-Sample

## Radio Medical Advice in the case of injury

### 1. Routine information about the ship

1.1 Name of ship	1.2 Call sign	1.3 Date: Time (GMT):	1.4 Course: Position: Cargo:
1.5.1 Port of destination ... which is ... hours/days away	1.5.2 Nearest port ... which is ... hours/days away	1.5.3 Alternative port ... which is ... hours/days away	1.5 Local weather (if relevant)

### 2. Routine information about the patient

2.1 Surname	2.2 Other names	2.3 Rank	2.4 Job on board (specify kind of work, not just the trade)	2.5 Age: Sex:
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### 3. History of the injury or injuries

3.1 <b>Exactly</b> how did the injury or injuries occur?	3.2 Did the patient lose any blood? If so, how much?	3.3 When did the injury or injuries occur?	3.4 How long before the accident did the patient last eat or drink?
3.5 What does the patient complain of? (List the complaints in order of importance or severity.)	3.6 List all past illnesses/injuries/operations.	3.7 List <b>ALL</b> medicines/tablets/drugs that the patient was taking <b>before the present injury or injuries occurred</b> , indicating doses and frequency of administration.	3.8 Has the patient been taking any alcohol?
3.9 Do you think the patient might have taken narcotic drugs, amphetamine, etc?	3.10 Does the patient remember everything that happened? If not, how long before the accident is his or her last clear memory?	3.11 Did the patient lose consciousness, even for a very short time? If so, for how long and when in relation to the injury?	

### 4. Results of examination of patient

4.1 Temperature:  Pulse:  Blood pressure:  Respiration:	4.2 Describe the general condition of the patient.	4.3 List what you believe to be the patient's injuries in order of importance and severity.
	4.5.1 What tests have you done (urine, blood, other) and what were the results?	4.5.2 Give the results, if available, of any previous blood tests, X-rays, or other investigations.

### 5. Treatment

5.1 Describe first aid and other treatment you have administered since the injury or injuries occurred.	5.2 List <b>ALL</b> the medicines/tablets/drugs that the patient has taken or been given, and indicate the dose(s), the number of times given, and frequency of administration.	5.3 How has the patient responded to the treatment?
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### 6. Problems

6.1 What problems are worrying you now?	6.2 What do you need advice about?
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### 7. Other comments

### 8. Comments by the doctor

WHO ...according



